Sutterville Elementary School

FAMILY NEWSLETTER – November 14, 2008

WWW.POISON.ORG. This website contains lots of valuable information, including a section on current issues. Information is presented in English and Spanish, and there is a section called "For Kids, By Kids." The National Capital Poison Center phone number is 1-800-222-1222. Our regional center is located at the University of California, Davis, Medical Center at 734-3692.

Here are some hints from the website for keeping holidays safe and happy:

- Avoid decorations that resemble candy or food. Children might eat them!
- Keep "bubbling" lights away from children. The brightly colored candle-shaped lights and bubbling movement can tempt curious children to break the glass, which can cut, and attempt to drink the liquid, which contains a hazardous chemical.
- Artificial snow sprays can irritate lungs if inhaled. To avoid injury, read container labels and follow directions carefully.
- Decorative spun glass "angel hair" can cause skin and eye irritation. Wear gloves while using.
- "Fire crystals" which produce colored flames when thrown on wood fires, can contain heavy metals, corrosive agents, and irritants which can cause intense gastrointestinal irritation or vomiting if eaten. Keep away from children.
- Choose tinsel or artificial icicles of plastic or non-leaded metals. Avoid decorative candles with metal wicks, which can contain lead. Leaded materials are hazardous if ingested by children.

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WEEKLY PESTICIDE REMINDER. The District Grass Crew works at Sutterville every Tuesday. If the crew plans to spray pesticides or herbicides, they will post a notice on the front and side doors of the office, 72 hours before spraying. If you have any questions, please call our office at 277-6693.

Be cautious about these seasonal plants:

- Poinsettia: Ingestion by small children may cause skin or mouth irritation, nausea, vomiting or diarrhea.
- Mistletoe: Ingesting the berries could produce nausea, vomiting or diarrhea.
- Holly: Ingestion of a few berries most commonly results in mild to moderate stomach irritation and possible mild drowskiness. Ingestion of a large quantity of berries can cause vomiting, diarrhea, dehydration, and extreme drowsiness. The spines in the leaves can also cause scratches.
- Pine, fir, and spruce trees: The needles may cuase mechanical injury or choking if ingested.

NOVEMBER 13-21, 2008
DISMISSAL AT 1:50 FOR PARENT-TEACHER CONFERENCES

NOVEMBER 26-28, 2008
Thanksgiving Holiday

Thank You

- **THANK YOU** FOR YOUR DONATIONS TO OUR FOOD DRIVE!
- **THANK YOU** TO THE PTA AND THE AMERICORPS CREWMEMBERS WHO DID A GREAT JOB CLEANING UP OUR GARDENS ON SATURDAY, OCTOBER 25!!
- **THANK YOU** TO THE DONORS OF ITEMS FOR THE PTA'S SUPER DRAWING!!!
- **THANK YOU** TO PARENT FLOR GUTIERREZ FOR TRANSLATING OUR FAMILY NEWSLETTER!