



# Sutterville Slate

February 22, 2008 ■ Vol 2 Issue 2

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## Slate Reporters

Ashlee Fong  
Cora Ledden  
Inga Manticas  
Mackenzie Ross  
Olivia Sowles  
Natalie Stepheson  
Katherine Yu  
Shaina Zuber

## Editors

Estelle Manticas  
Teresa Zuber

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Charissa Arch, Vice President  
Sandra Lo, Vice President  
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## 2008 Art Night Ignites Imaginations

### Inga Manticas

*Sutterville Slate Reporter*

Art Night, held on February 6<sup>th</sup>, was an inspiring event for Sutterville students, teachers, and parents. It included a pizza dinner sponsored by the 6<sup>th</sup> grade, a craft fair, fun art activities, and of course, the Art Ark! In the Multipurpose Room were hands-on activities including origami, pipe cleaner animals, beading, watercolor straw painting, and more. The activities were chosen to inspire kids and adults to use their hands and be creative. The supplies for Art Night came from the PTA art fund.

### The Art Ark

Parked on the blacktop behind the school was a large vehicle containing the Crocker Art Museum's rolling gallery, the Art Ark. The theme this year was "Once Upon a Paintbrush: Stories in Art." Students learned how and why artists use stories from around the world to inspire their art. The Art Ark included three rooms: the main gallery, the mystery room, and the puppet room, which included clown, rabbit, lamb, and leopard puppets. Kids who visited the Art Ark on Art Night or during Art Week at school had a chance to make a collage and a scroll, and hold a puppet show.

Art Night was a chance for the Sutterville community to come together, be creative, and have fun!

## Music and Theater This Spring!

### Sandra Lo

*PTA Vice President*

On Wednesday, March 12<sup>th</sup> Phil Tulga will bring his "Musical Fractions in our World" presentation to Sutterville for a fun-filled assembly. Students will learn how musical instruments vibrate in a series of fractions called the harmonic series, how they can build simple musical instruments, and how musical rhythms are based on equivalent fractions of time. Mr. Tulga will lead students in learning different rhythms that form the foundations of diverse musical traditions.

In addition, we will bring the B Street School Tour to Sutterville later this spring. One of our own Sutterville students, Sierra Stills, recently was a winner in this theater group's playwriting contest. Congratulations, Sierra!

# The School Buzz



## Striding into Spring

**Laurie Hensley**

*PTA Vice President*

The spring session of the Sutterville Striders running club will begin the week we come back from spring break, for all grade levels. This fun and healthy after-school activity is open to students of any fitness level—from the beginner to the racer, the trotter to the speedster, the couch potato to the seasoned athlete. The program includes exercises, stretches, running games, and sustained running. Students will also learn some valuable training methods and nutrition and health tips

Striders meets after school twice a week for five weeks. The sessions last 45 minutes. Striders costs just \$15 per student for the entire season – plus \$6 if you'd like a Striders T-shirt. Coach Jenny Hitchings is an award-winning runner, skilled both at running and coaching techniques. She is also a former Sutterville parent.

Parents are also encouraged to take part in Striders as coaching assistants. You don't need to be a trained runner; just be willing to come out and help keep the kids on track.

**Sign up sheets will be sent home in March. Watch for them!**

## Help for the Honey Bee

**Olivia Sowles**

*Sutterville Slate Reporter*

This year, Mr. Carnie's 5<sup>th</sup>-grade class is doing the annual Jiminy Cricket's Environmental Challenge on saving the honey bees. The class is studying and trying to solve the problem of CCD, which stands for colony collapse disorder. CCD is when the bee colony disappears, but no one knows where or why. This is an important topic because if we don't have bees to pollinate our farms, we can't grow our fruits, vegetables, or flowers.

On Thursday, January 10<sup>th</sup>, Mr. Carnie's class went to the National Beekeeping Conference at UC Davis. They were the only kids at the conference and were allowed to attend for free. The class also held assemblies and a "Beautiful" Family Night at Sutterville for people to learn more about honey bees.

The Environmental Challenge is sponsored by Disney, and if Mr. Carnie's class wins this year, they get a three-day trip to Disneyland! The winner will be announced in March.



## Make Way for the Sutterville Stampede!

The Sutterville Stampede Walk/Run is set for Friday, May 2, during the morning hours. All Sutterville students and teachers will participate by walking or running the official ¼ mile loop on the field for 45 minutes. Bib numbers, snacks, and water will be provided. All of the money we raise in pledges will benefit Sutterville programs. Prizes will be awarded to the class that raises the most money, and to the top runners in each age category. Besides raising money, we are promoting health, fitness, and the joy of being outside!

***If you'd like to sponsor the Stampede t-shirts, water, or snacks, please e-mail Laurie Hensley at [laurie.dhpr@comcast.net](mailto:laurie.dhpr@comcast.net)***

# Striking Gold in Coloma

*Cora Ledden, Inga Manticas  
Mackenzie Ross, Natalie Stepheson, and  
Shaina Zuber*

The fourth-graders went on a field trip to Coloma December 5th-7th this year. They stayed at C.O.D.S., or Coloma Outdoor Discovery School. Students learned about the 1849 miners, how they lived, and about the Gold Rush. The kids were divided into groups named after towns, such as Dry Diggins, Rough and Ready, and Chili Bar. This year it rained! However, the students mainly had a good time. "Five stars," one fourth-grader said.

## Daytime Activities

On the first day, the students had a town meeting in the amphitheater. The students and counselors performed a play about the discovery of gold and sang a miner's song. After that, the kids learned to barter and pay for cornbread supplies with gold that they got from their counselors. When they got the supplies the kids made cornbread on a Dutch oven. If they borrowed gold from the counselors, the kids had to wash the counselor's bandana on a washboard. Later, they constructed a shelter with tarps, ropes, and logs.

On the second day, the kids went on a long hike in the rain! They slogged through the grass and mud to a replica of Sutter's Mill. Then the students looked for rock crushers, which were huge machines used to split rocks so the miners could find the gold inside. Nearby, they explored an old Chinese shop used for a bank, restaurant, social center, temple, store, and pharmacy. Next, the kids trudged up a tall hill to see the monument to James Marshall, the man who first discovered gold and started the gold rush. When they got back to camp, the children did rainy-day activities that taught them how to make fire, quail callers, etc.

On the third day, the fourth graders discussed how they could protect the environment better than the miners did. The day ended with a final town meeting and a ceremony at the river.



*In the 1850s gold fields of California a single egg could cost up to five dollars!*

## Panning for Gold

In Coloma, everyone gets a chance to pan for real gold. Students who participated were given a gold pan and a vial to put their gold in. Students pan in troughs that are long and slender and wooden. On the first day the students made a little pouch to put their vials in, to keep the gold safe from someone who is vile enough to steal their treasure! Almost everyone found at least one piece of gold to show their family.

## Chow Time!

The first night's dinner was tacos. It was held in the cafeteria, called the Miner's Kitchen. Dinner on the second night was spaghetti and that was also very good. The desserts always had colorful names, like cookie paradise and cookie monster. At each meal, there was kitchen privilege (KP) for clean-up. KP involved helping clean off plates, wash plates, put food waste in the compost or garbage.

## Nighttime Activities

The Coloma night activities were very entertaining and fun. On the first night, everybody went to a dance called the "hoe-down," which was very informal. Everybody got to take a partner. Both nights there was a campfire. Everyone gathered around the campfire and listened to songs and stories. The first night there was a skit. It was about some kids who all thought they had found gold. After the skit we had an "infomercial" where we went over the uses of a bandana.

On the second night, the kids climbed up a hill to a place where a Miwok Native American was. Her name was Kymberly Shining Star. She sang in her language and her songs were fascinating. As she sang, she also played instruments that she made herself out of different animal parts. Kymberly also told stories, including one about Owl and Coyote. In that one, Owl popped out his own eyeball, popped it back in again, and caught birds as they flew to catch the eyeball. All of the stories she told had important morals.

# What's Up?

## Surviving and Thriving in Sly Park

**Ashlee Fong**

*Sutterville Slate Reporter*

From January 14 through 18 Sutterville sixth graders made their yearly trip to Sly Park, near Pollack Pines. Sly Park is an outdoor school where students learn about nature. There was so much to see and learn there. We went on lots of hikes that were all really interesting. On the Park Creek Hike, there was a lumber trail where we learned about the gold rush days and we panned for gold. We also went on a night hike, and saw the green nebula of Orion and the star, Betelgeuse. If a student signed up for telescope night, he or she could gaze at Mars and even see the craters on the moon! We were lucky, because we had nice weather and clear skies the whole time.

In addition to hiking, students got to do lots of crafts, including pottery, silk screening, lanyarding, and more. There was even a potter's wheel. Other activities included movies, free play, and relay races. Overall, it was a really enjoyable experience.

## Going Green While Growing Greens!

**Cora Ledden**

*Sutterville Slate Reporter*

Lets All Go Green (LAGG) is a student gardening community at Sutterville. The members of LAGG are planting a garden behind the 4<sup>th</sup> R building. They have planted lettuce, but not only one kind: they have romaine, Chinese, and red lettuce growing right now. Once the lettuce is fully grown, the members of LAGG are planning to make a salad that will be donated to a food bank. LAGG was inspired by Food from the 'Hood, which is a group of high school students from Los Angeles. In the early 1990's after homes and stores in their neighborhood got destroyed in the riots, the high school kids at that time decided to grow a garden and donate the food to the needy.

There are currently six members of LAGG who weed, water, and tend the garden. They are deciding what to plant in the spring.

## Spring Events

### March

- 12 Phil Tulga Assembly
- 17 Spring Break
- 24 Striders Begins

### April

- 4 Spring Photos
- 21 STAR Testing Begins

### May

- 2 Stampede
- 7 6th Grade International Day
- 16 Spring Art Day

### June

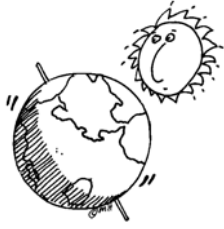
- 12 Last Day of School

## Garden Beautification Days Saturday, March 8 and Sunday, March 9 9:00am to noon

Wear your gardening gloves and bring your wheelbarrow! Changes are in store for the unfinished garden between Rooms 4 and 5 and Rooms 9 and 10. We'll be removing the old sod in preparation for rotor tilling. Future plans include trees, groundcover, paths, and picnic tables.

This will also be a time to work in the main courtyard garden. Come help beautify our school!





# People and Opinion

## Get Up and Go for Our Planet

**Shaina Zuber**

*Sutterville Slate Reporter*

Today, while our Earth is getting progressively hotter with global warming, bikes and scooters are being neglected. Bikes and scooters are fun to ride. Some people think it is hard and tedious to learn how to ride, but really learning is fun. Even better, bikes and scooters do not put out carbon dioxide, one of the causes of global warming. Another benefit of using either a bike or scooter is getting exercise and staying healthy.

Some people believe that getting from place to place takes too long by bike or scooter. But using a bicycle or scooter may save time in traffic, because the bike or scooter can be steered around the backed-up cars. Although both bikes and scooters cost money, they can help save the world by reducing global warming and getting people in shape.

## Our Maestro in the Morning

**Katherine Yu**

*Sutterville Slate Reporter*

Candy Anderson teaches orchestra in the Multipurpose Room at Sutterville on Monday and Wednesday mornings. She teaches at other schools in Sacramento, too, including Crocker Riverside. She also gives private lessons at Kline Music. This is her seventh year of giving violin lessons at Sutterville. Ms. Anderson plays the flute, violin, and clarinet and has played in the Gold Country Orchestra, as well as the Sacramento City College and Cosumnes orchestras. In college, Candy majored in English and took French classes; she can speak a little French.

Ms. Anderson says she likes giving music lessons to kids because she likes to watch them improve. In March, the Sutterville orchestra is going to do something special—they are going to give a concert at Fairytale Town. Look for the announcement and come watch them play!

## Everyone Wins with Bins

**Ashlee Fong**

*Sutterville Slate Reporter*

We need recycling bins at 4<sup>th</sup> R! Kids and staff at 4<sup>th</sup> R have to throw away huge pieces of paper instead of recycling it because there are no bins.

Recycling paper helps save the environment in several ways. For one, recycling saves trees from being cut down. Recycling also saves landfill. If students throw away paper, it takes up more landfill and space at the landfill runs out quicker. 4<sup>th</sup> R's two reasons in defense of not getting recycling bins are that it costs too much money and that the kids won't pay attention and might still throw away paper in the garbage. But maybe 4<sup>th</sup> R could hold a fundraiser to buy recycling bins. They could also talk to the 4<sup>th</sup> R kids about the importance of putting paper in the bins. This is one thing we can do at school to reduce the waste that is put into landfills and reduce the number of trees cut down.





# Scene



## Exhibition Review: “Bodies Revealed”

Inga Manticas and Shaina Zuber  
*Sutterville Slate Reporters*

Bodies Revealed is a wonderful exhibition featuring real human bodies and parts of bodies. The show is being held in a multi-use building on Alta Arden in Sacramento.

The body parts are displayed in glass cases. The complete bodies are displayed without cases and are set in different poses to show how the parts of the body fit together. The bodies and body parts have all been preserved with a polymer process.

On display were a complete circulatory system, hearts, bones from all over the body, brains, skulls, and much more. One of the most interesting displays was of smoker’s lungs compared to a healthy nonsmoker’s lungs. The smoker’s lung was blackened while the nonsmoker’s was a pinkish color. This display was very powerful. At the end of the show, visitors are allowed to touch a real preserved human foot and a liver.

The one criticism we had about the show was that out of 14 complete bodies, all except one were male.

Overall, you will find the exhibit fascinating and the human body more complex than you ever imagined. Kids nine years old and up would enjoy this show; younger kids might find it a bit disturbing. The show continues until March 16, 2008.

## Restaurant Review: Pronto

Inga Manticas  
*Sutterville Slate Reporter*

Pronto is an Italian restaurant at 1501 16th Street. It is owned by the same people that own Paesano’s and Jack’s Urban Eats. Pronto serves pasta, mini pizzas, meat dishes, soup, garlic bread, polenta bowls, salad, and lots of vegetables. It has comfortable seating with leather booths and chairs. You order at the counter, and the service is moderately fast. Pronto is loud and crowded, but has wonderful, flavorful, rich food. One ravioli dish has 10 large raviolis floating in tomato cream sauce and is topped with onion and parsley. The sauce is so rich and creamy you have to drink a lot of water! There is also a great spicy tomato soup served in a wide bowl with lots of green spices. I highly recommend Pronto, especially on a cold winter night.

## Movie Review: “Alvin and the Chipmunks”

Mackenzie Ross  
*Sutterville Reporter*

Alvin and the Chipmunks, starring Simon, Alvin, and Theodore, is a really funny movie. This is the story of the three chipmunks who become singing stars all over the world after they leave their friend Dave’s house to live with their Uncle Ian, who has given them lots of toys for Christmas. The problem is that there are no rules at Uncle Ian’s, and the chipmunks run wild.

The best scene is when the chipmunks fist pop out of a shell on stage and start singing a song with little microphones. I recommend this movie for all kids three years old and up.